

# The Marks of a Mature Person

A Study on the Book of James

James 1:1

# REALife Application

## **THE MYTHS WE BUY INTO**

*What maturity isn't...*

**IT'S NOT AGE**

**IT'S NOT APPEARANCE**

**IT'S NOT ACADEMICS**

**IT'S NOT ACHIEVEMENT**

## **THE TRUTH EXPOSED**

*5 Marks of Maturity*

❶ **A MATURE PERSON IS POSITIVE UNDER PRESSURE.**

(James 1:2-4,12)

❷ **A MATURE PERSON IS SENSITIVE TO PEOPLE.**

(James 2:8)

❸ **A MATURE PERSON HAS MASTERED HIS MOUTH.**

(James 3:2)

❹ **A MATURE PERSON IS A PEACEMAKER, NOT A TROUBLE MAKER.** (James 4:1,17)

❺ **A MATURE PERSON IS PATIENT AND PRAYERFUL.**

(James 5:7,16b)

## **Big Idea:**

Maturity is developed by working out ones' faith consistently in everyday situations over a long period of time.

## **Key Questions:**

1. We learned that faith + action = maturity. In what ways are you currently putting your faith into action?
2. What are you most hoping to get out of the book of James, and why?
3. Which one of the "Maturity Myths" have you bought into? Do you believe it is easy to fall into believing these myths? Why?
4. Have you ever believed yourself to be mature in an area only to later recognize you had a lot of maturing yet to do? How did you handle it?
5. Out of the 5 marks of maturity, which do you feel you're strong at? Which do you feel you still need to grow in?
6. TRBC is going to be offering a Spiritual Growth Track made up of four seminars to help people in their spiritual growth process. Which one are you most excited about attending? Why?

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(James 2:8)

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❹ A MATURE PERSON IS A \_\_\_\_\_, NOT A \_\_\_\_\_.  
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